



Personality  
**DIMENSIONS**®

## *Recognize Strengths and Appreciate Differences*

The **Personality Dimensions**® system utilizes a short questionnaire to reveal your temperament preference. **Personality Dimensions**® incorporates Introversion/Extraversion in conjunction with four Temperament preferences:

**Inquiring Green**, **Organized Gold**, **Authentic Blue**, and **Resourceful Orange**.

These combined aspects create a common language of understanding of yourself and others.



The number one goal of each session is to build the grounds for an atmosphere of mutual understanding and respect, increase communication, and create strong relationships within the work environment and beyond. By the end of a *Personality Dimensions*® *Introductory Workshop*, participants will have a better understanding of themselves, appreciate why others act the way they do, and understand the effect this has on workplace roles and responsibilities.

### *Training Details:*

*When: Wednesday January 16<sup>th</sup>, 2019 9:00am – 12:30pm  
(on-line assessment set and completed prior to the training)*

*Where: Community Living Dufferin – Community Room*

*065371 County Road 3, East Garafraxa, ON*

*Registration Fee \$100.00 per participant*

*Includes: an On-line Assessment, PD Profile Report, Refreshments Provided*

*Space is Limited*

**To Register Contact: Teresa Donaldson [tdonaldson@communitylivingdufferin.ca](mailto:tdonaldson@communitylivingdufferin.ca)**

**This is a Nut-Free and Scent-Aware environment.**

Presented by:

